

# SUGAR FREE SEPTEMBER

## Conversation Cards Game

### Instructions

- 30 Conversation Cards plus DIY cards to spark new conversations with work colleagues, friends and family at schools, workplaces, gyms, events and more.
- This game is suitable for individuals aged 16 and above.
- Print and cut the Conversation Cards. Additionally, there is a blank sheet included for you to add your own questions.
- Shuffle the Conversation Cards.
- Take turns to draw a Conversation Card and read it aloud to the group.
- Share answers to the question one person at a time.
- Repeat until all the Conversation Cards have been used.
- **Please remember** to discuss any safety rules you wish to add to the game at the beginning and be kind and respectful to each other throughout the game.
- Treat each player with respect and empathy, recognising that everyone comes from different backgrounds and experiences and avoid using offensive language, insults, or hurtful comments that could harm someone emotionally or mentally.
- If someone chooses not to share, respect their decision without pressuring them.

Enjoy!!!



“

Who do you  
admire and  
why?

”

“

What makes  
you unique?

”

“

What can you  
do if you don't  
feel good about  
something you  
see or hear?

”

“

What would you  
do if you were  
being bullied?  
If you saw  
someone else  
being bullied?

”

“

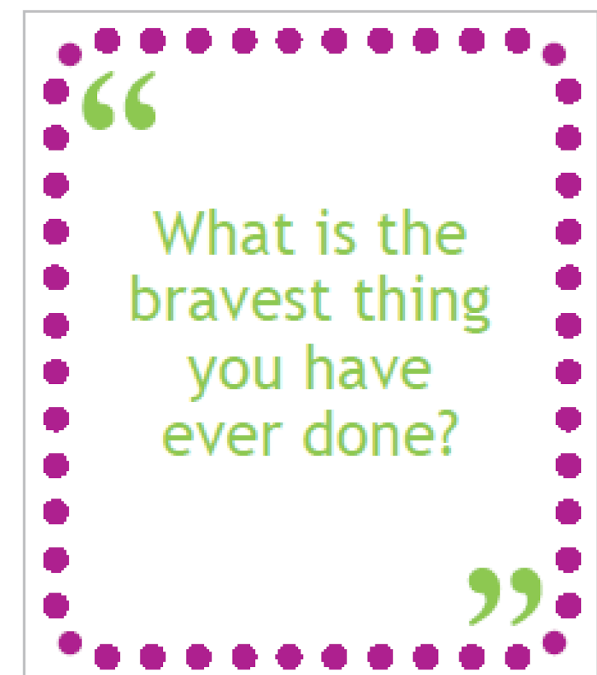
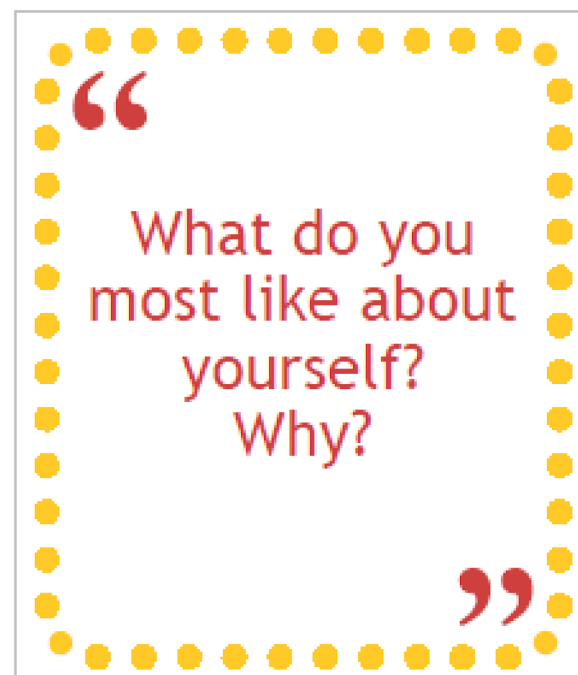
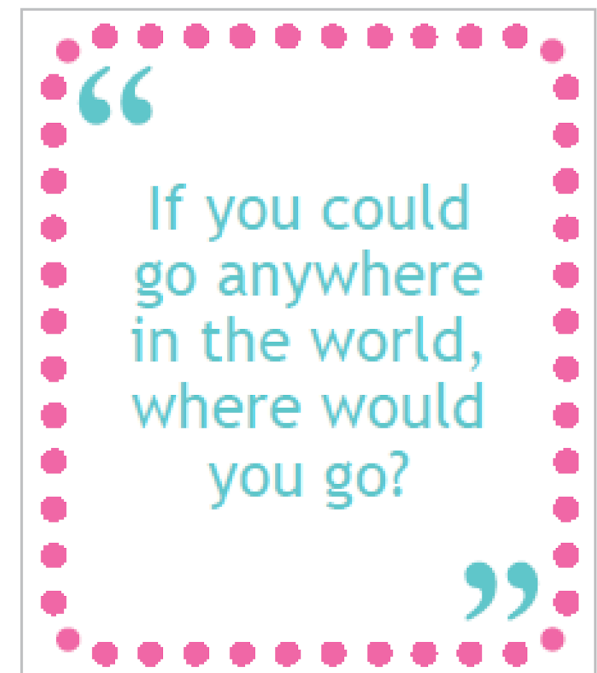
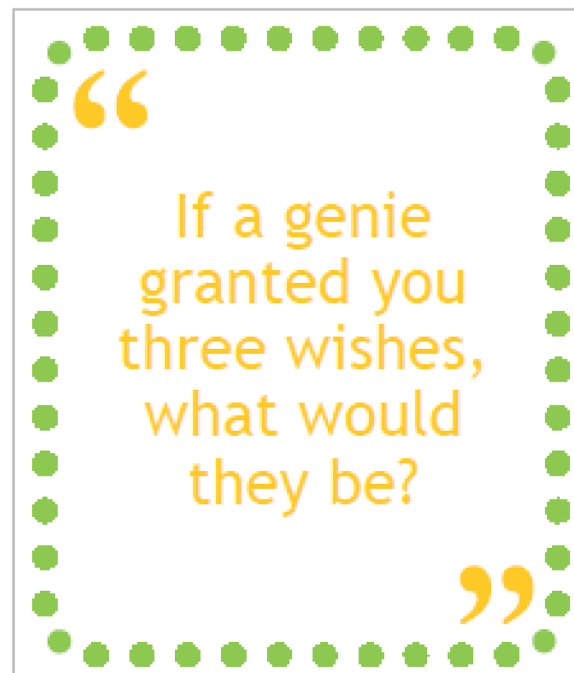
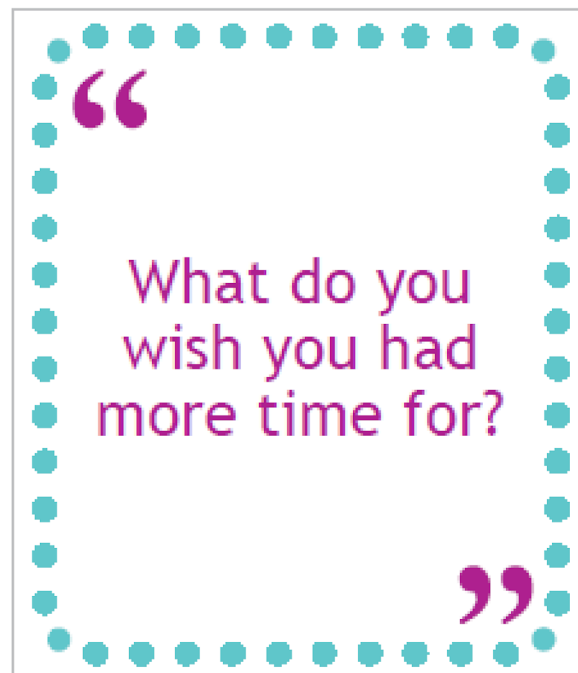
Which superhero  
would you most  
like to be?  
Why?

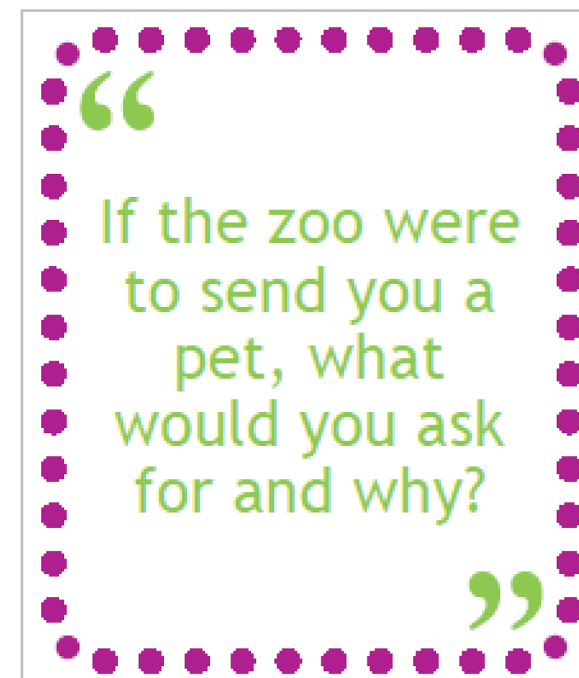
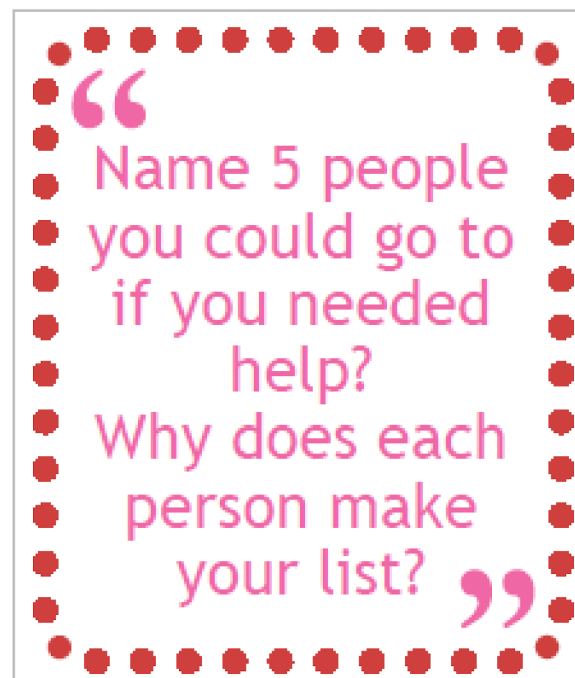
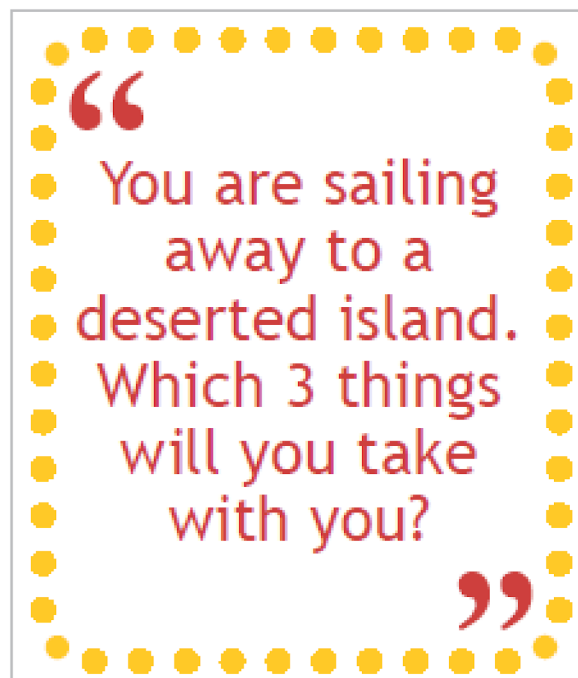
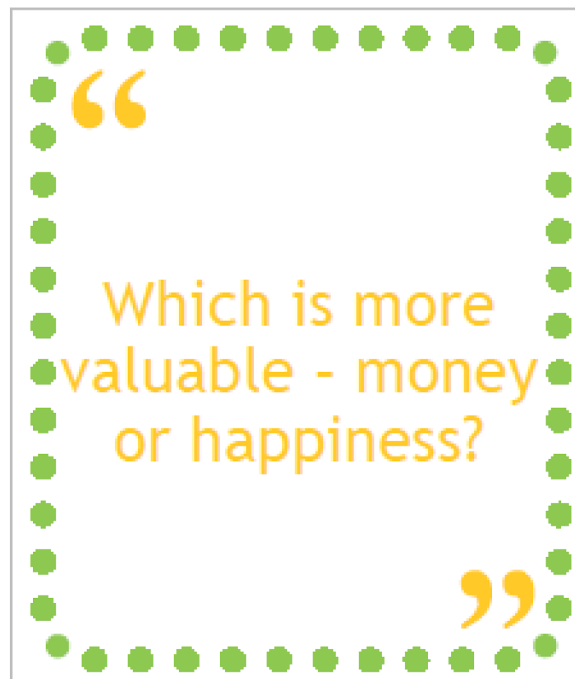
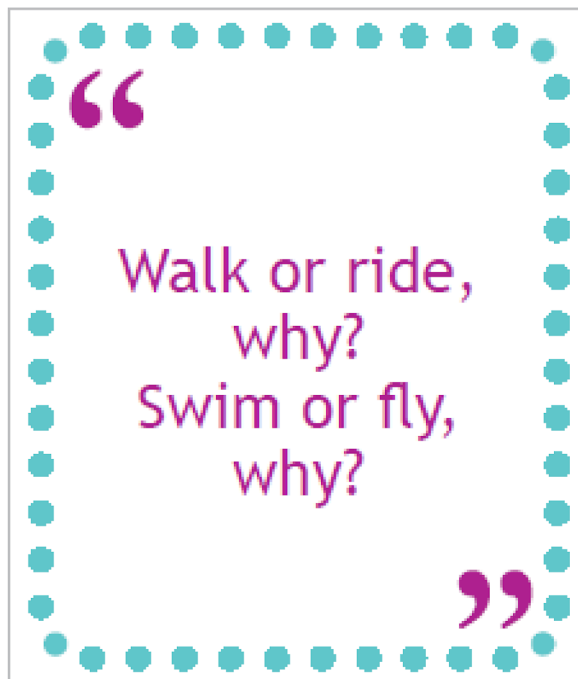
”

“

Which 3 words  
best describe  
you?

”





“

If you could  
change one  
thing about  
school, what  
would it be?

”

“

Which book  
character are  
you most like?  
Why?

”

“

If you were to  
redecorate  
your bedroom,  
what would it  
look like?

”

“

If you were  
to receive a  
present right  
now, what  
would you like  
it to be?

”

“

What is one  
thing you don't  
know how to do  
that you wish  
you could?

”

“

What is your  
favourite movie?  
What makes it  
so special  
for you?

”

